

Wife Survey

Before Study / After Study

1=never 2=almost never 3=sometimes 4=usually 5=always

1. Commitment (Matt. 19:5-6)

A. I am committed to stay married, regardless of my feelings or any other circumstances, until we are separated by death.

1 2 3 4 5

B. My husband knows that I will never divorce him for any reason.

1 2 3 4 5

C. Next to my relationship with God, my relationship with my husband is the highest priority of my life.

1 2 3 4 5

D. I pray faithfully for my husband.

1 2 3 4 5

E. I help plan special times together for just the two of us regularly.

1 2 3 4 5

2. Serving (Galatians 5:13)

A. I put my husband's needs and desires ahead of my own.

1 2 3 4 5

B. I look for creative ways to please my husband.

1 2 3 4 5

C. I am content to serve, even when my husband doesn't seem to notice or appreciate my efforts.

1 2 3 4 5

3. Yielding Rights (Philippians 2:5-8)

A. I have yielded all my expectations concerning my husband to God.

1 2 3 4 5

B. I trust God alone to meet all of my physical, emotional, and spiritual needs.

1 2 3 4 5

C. I have yielded to God my "right" to my own time and independence.

1 2 3 4 5

4. Submission (Ephesians 5:22-24)

A. I willingly yield to my husband's authority in all things.

1 2 3 4 5

B. I communicate an *attitude* of submission, as well as submissive *actions*.

1 2 3 4 5

C. I seek my husband's counsel, rather than acting independently.

1 2 3 4 5

D. I am teaching our children, by my example and words, to honor and obey their father.

1 2 3 4 5

5. Forgiveness (Colossians 3:13)

A. I seek to resolve each conflict or misunderstanding as soon as possible.

1 2 3 4 5

B. I am quick to forgive my husband for his failures, offenses, or insensitivities.

1 2 3 4 5

C. I refuse to bring up the past or to hold past failures against my husband.

1 2 3 4 5

6. Humility (Philippians 2:3)

A. I am quick to admit when I am wrong.

1 2 3 4 5

B. I am content not to have the last word.

1 2 3 4 5

C. I am willing to relinquish my "right" to be understood or to prove my point.

1 2 3 4 5

7. Patience (I Corinthians 13:4)

A. I respond graciously to interruptions and irritations.

1 2 3 4 5

B. I am willing to overlook obvious imperfections in my husband.

1 2 3 4 5

8. Sensitivity (Titus 2:5)

A. I am sensitive to my husband's occasional desire to be alone or undisturbed.

1 2 3 4 5

B. I am sensitive to the best times to tell my husband negative news or to offer suggestions or constructive criticism.

1 2 3 4 5

C. I am aware when my husband needs encouragement and I know what to do in that situation.

1 2 3 4 5

9. Purity (Ephesians 5:3-4)

A. I keep my mind free from books, magazines, or entertainment that could stimulate fantasizing or thoughts that are not morally pure.

1 2 3 4 5

B. I dress modestly, drawing attention to the inner life of Christ, rather than to my physical appearance.

1 2 3 4 5

10. Communication (Ephesians 4:25,29)

A. I always tell my husband the truth.

1 2 3 4 5

B. I avoid sarcasm, hurtful remarks, and public criticism of my husband.

1 2 3 4 5

C. I speak words of encouragement and admiration to my husband.

1 2 3 4 5

D. I discipline myself not to interrupt or contradict when my husband is talking.

1 2 3 4 5

E. I know and speak my husband's love language.

1 2 3 4 5

11. Kindness (Ephesians 4:32)

A. I treat my husband as graciously as I would a guest.

1 2 3 4 5

B. I go out of my way to perform special acts of kindness for my husband.

1 2 3 4 5

12. Gratitude (Proverbs 31:26)

A. I regularly express appreciation for the sacrifices my husband makes to provide for our family.

1 2 3 4 5

B. I praise my husband for spiritual, Christ-like qualities in his life.

1 2 3 4 5

13. Loyalty (1 Corinthians 13:7)

A. I speak positively about my husband to others.

1 2 3 4 5

B. I focus on my husband's successes and positive traits, rather than his weaknesses and failures.

1 2 3 4 5

14. Acceptance (Romans 15:7)

A. I love, accept, and admire my husband as he is.

1 2 3 4 5

B. My husband feels that he has the freedom to fail without fear of criticism or rejection.

1 2 3 4 5

15. Availability (1 Corinthians 7:3-5)

A. I am willing to adjust my schedule to meet my husband's desires.

1 2 3 4 5

B. I am willing to offer physical love to my husband, regardless of my personal feelings or desires.

1 2 3 4 5

16. Physical Appearance (Colossians 3:17)

A. I am aware of my husband's preferences and make every attempt to please him in my appearance when possible.

1 2 3 4 5

B. I keep myself healthy and in good physical shape.

1 2 3 4 5